

**aramark  Trafalgar Castle Summer Camp Menu 2022**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Weeks #1,3,5,7 Lunch 11:45</b>	Chicken Nuggets Plum Dip Veggie Stix French Fries	Cheese Pizza  Caesar Salad	Beef Burgers Potato Chips  Tomato/Lettuce	Penne/Tomato Sauce Beef Meatballs  Caesar Salad	Perogies Sour Cream  Carrot/Celery Sticks
<b>Weeks #2,4, 6,8 Lunch 11:45</b>	Chicken Nuggets Plum Dip Veggie Stix French Fries	Mac & Cheese  House Salad	Cheese Pizza  Caesar Salad	Grilled Cheese Sandwiches  Carrot Sticks	Beef Burgers Potato Chips  Tomato/Lettuce
<b>Vegetarian</b>	Vegetarian Protein Nuggets	Wk 1 Roasted Veggie Flatbread Wk 2 Pasta Primavera	Wk 1 Black Bean Burgers Wk 2 Roasted Veggie Flatbread	Wk 1 Penne & Vegetarian Meatballs Wk 2 Hummus Wrap	Wk 1 Gnocci Wk 2 Black Bean Bugers
<b>Dessert</b>	Cookies	Brownies	Banana Squares	Ice Cream Cups	Rice Krispie Squares
<b>10:30 Snack</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>1:50 Snack</b>	Freezies Popsicles Fresh Fruit	Freezies Popsicles Fresh Fruit	Freezies Popsicles Fresh Fruit	Freezies Popsicles Fresh Fruit	Freezies Popsicles Fresh Fruit

**Also available daily: Green Salad, Veggies and Sandwiches**

Week #1	July 4 - 8	Week #5	<b>August 2 - 5</b>
Week #2	July 11 - 15	Week #6	August 8 - 12
Week #3	July 18 - 22	Week #7	August 15 - 19
Week #4	July 25 - 29	Week #8	August 22 - 26

**\*4 day week**